



Human Resources

N95 fit testing requirements for all new and existing Residents.

Hamilton Health Sciences (HHS) requires that all staff members, who may be required to wear an N95 respirator, shall be fit tested prior to use. Any staff member failing their fit test, or who has not been fit tested, shall not provide care where an N95 respirator is required.

Health Safety and Wellness (HSW) will be conducting fit test clinics throughout the year to retest Residents whose fit tests expired during their Residence program at HHS, as well as all new Residents. As per the CSA Z94.4-02 the N95 fit test is required every two years and it is the resident's responsibility to ensure that their fit testing is current. Most testing Fit test clinics will be performed daily through the summer months and on an as needed basis for the remainder of the year. More information regarding clinic dates will be available in the upcoming months, and can also be accessed on the HHS internet site, under Health, Safety & Wellness news, which can be reaching by navigating through the Human Resources link.

Each fit test takes anywhere from 10-20 minutes to complete. On the day of testing the testee must not have anything to eat or drink, except water, for at least 15 minutes prior to the test, and must be clean-shaven where the respirator seals to the face. If you have any of the following conditions or symptoms that you feel would make it unsafe to wear a respirator, please seek further assessment by a health care professional prior to respirator use. Contact Employee Health Services and make an appointment.

If the testee has proof of a valid fit test (less than two years old) from another health care facility on any of the respirators we use, they will not be required to be retested. Written proof of the fit test is to be provided to Health Safety and Wellness, this includes the following information: name, date of test, and model numbers of the respirators successfully fitted to from the institution that performed the fit test. Please send a copy of the test record to Health Safety and Wellness Services.

As of October 30, 2008, the following N95 respirators are used across HHS sites:

3M 8210
3M 1870
3M 1860
3M 1860S
AOS 1050
AOS 1050S

If there are any questions or concerns regarding the fit test process please contact your Residency Program Directory, or Health Safety and Wellness. The Health Safety and Wellness contact details are as follows: