



Hello:

As your team begins to schedule presenters for your academic half days and resident events, please keep **Ontario Health- HealthForceOntario OH(HFO)** in mind.

Through our **PracticeOntario** Program, we offer Ontario’s medical residents a career planning and transition into practice service at no cost. Our goal is to help those who train in Ontario stay in our province by working with them to prepare for the next steps and find the right fit for practice. As well, we are able to complement your residency program’s efforts to meet the General Standard of Accreditation related to timely career planning and counselling for residents.

Arrangements can be made to speak with your group during an academic half-day, over lunch or in the evening via Zoom, (or alternative virtual platform). Each presentation is tailored to cover the topics of interest related to job search and transition into practice. The format is flexible and below is a list of topics that we can cover during a **PracticeOntario session**:

- 1) Practical steps and resources for transitioning into practice
- 2) Specialty Job markets
- 3) Job searching strategies (full time, part time, and locum)
- 4) Compensation models & incentives
- 5) CVs & interview preparation
- 6) Evaluating practice options

*In addition to group sessions, our PracticeOntario service offers medical residents an opportunity to meet with a Regional Advisor one to one, which includes:*

- ✓ Discussing personal and professional practice preferences with Regional Advisors
- ✓ Making connections to hospitals, communities and other health care providers who are in need of new physicians
- ✓ Sharing information pertaining to Ministry of Health programs and incentives, including finding Return of Service eligible communities
- ✓ Providing job search resources to help network, find postings and evaluate practice opportunities

We are proud to note that over the years, we have supported hundreds of McMaster Medical Residents as they have journeyed into independent practice and we received excellent reviews for our work.

**To arrange a presentation or connect residents with PracticeOntario services, contact: Kate Borthwick, MHA, Regional Advisor, Ontario Health (HFO) at Tel: 226-750-5106 or Email: [k.borthwick@healthforceontario.ca](mailto:k.borthwick@healthforceontario.ca)**

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