



Dr. Travis Schroeder
R5 General Surgery - Chief Resident Rotation
Hamilton

NIAGARA REGIONAL CAMPUS ELECTIVE OPPORTUNITIES

The Niagara Region offers many quality medical learning opportunities at all Niagara Health hospital sites, West Lincoln Memorial Hospital and numerous community clinics and centres. The Niagara Regional Campus of McMaster University's Michael G. DeGroot School of Medicine (NRC) is a hub for medical learning in the region providing many opportunities for residents to be involved in teaching including clinical skills, clerkship orientation, leading interest groups and clinical teaching for specialty and family medicine rotations. Niagara offers many hands-on and experiential learning opportunities for you in addition to leadership and teaching opportunities available during a visiting rotation.

Why consider an elective at NRC?

- Scope and range of community practice
- Opportunities to perform a wide range of procedures in a variety of settings
- Learning experiences are customized according to Learner's needs and rotation
- Explore career prospects, employment opportunities and network with colleagues
- One-on-one learning and teaching
- Highly engaged teaching faculty
- Strong local support staff

Benefits to the learner include

- Unique patient populations and clinical learning specific to the region
- Recreation activities and opportunity to explore life in a new region
- High yield clinical experiences that can help in achieving challenging EPAs and honing skills
- Opportunity to practice medicine in a community setting for future career planning
- Working within modern hospital sites that offers specialized training experiences

What makes NRC unique?

- Range of specialty and generalist clinical services that differ from tertiary academic centres
- Ongoing employment opportunities with Niagara Health and throughout the region
- Supportive campus culture that celebrates medical education
- Enthusiastic faculty dedicated to providing learners an optimal educational experience and mentorship

Distributed Site Electives Process

- Apply for an NRC visiting elective through the McMaster Postgraduate Medical Education Office website: <https://pgme.mcmaster.ca/forms/visiting-elective-distributed-sites/>
- Once elective is confirmed with Sara Poole, ensure all Postgraduate Office and Niagara requirements are fulfilled at least 2 weeks before elective start date. Postgraduate Office requirements can be found here: <https://pgme.mcmaster.ca/apply/electives-application/>
- For Mac-CARE travel and housing eligibility and information please visit: <https://finncare.mcmaster.ca/>

What did you enjoy about NRC?

I loved the community feel, the friendliness of all the staff and the freedom to tailor the rotation to meet my career goals. While I was assigned to a team, I had the freedom to spend days with surgeons from the other team when they had a good case or an endoscopy list that would be helpful to me. Everyone was super accommodating in helping me achieve my objectives. The call scheduling was also flexible so I could create a schedule that worked well for me and my family.

Available Programs

- Allergy & Immunology
- Cardiology
- Critical Care
- Gastroenterology
- General Surgery
- Geriatrics
- Hematology
- Hospitalist
- Infectious Disease
- Internal Medicine
- Ophthalmology
- Pediatrics
- Plastic Surgery
- Radiology
- Respiriology
- Rheumatology
- Urology
- Vascular Surgery

If you have questions about elective rotations in Niagara or do not see a specialty or sub-specialty that you are interested in, please contact Sara Poole. New faculty are being recruited and new learning opportunities in several specialties are being developed.

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