The UnWRaP Study

Understanding the Wellbeing of Residents and their Partners

SURVEY VERSION 2.0 RELAUNCH

FOR THE **MONTH OF** FEBRUARY

l	J	ł	l
		T	
H	\square	\square	

Please complete this <u>relaunched</u> version of the survey even if you completed the previous survey. Your voice is important!

01

2

02

HELP US HELP YOU

The UnWRaP Study will help us to:

better understand your training experience and the impact of training on your relationships and wellbeing

discover how we might better support you and/or your partner during training

HOW TO PARTICIPATE

All McMaster residents & fellows

> are invited to complete the survey!



SCAN QR CODE **TO REGISTER**

REGISTER WITH LINK BELOW

https://tinyurl.com/UnwrapMcMaster

https://surveys.mcmaster.ca/limesurvey/index.php/277399?lang=en



After registering, you will receive an email invite for the survey



You will complete a 20-30 minute survey



After submitting, you will receive a partner survey link by email which you can forward to your partner



Your partner will complete a 20-30 minute survey



Everyone will receive a \$10 gift card after completion!



03

CONFIDENTIALITY

"What if I don't have a partner?"

You can still participate!

- Some questions in this survey are of a personal and sensitive nature.
- Your responses are anonymous and 2 cannot be linked to your email by anyone, including the research team.
- You and your partner will not have 3 access to each others' responses.

Dr. Enas El Gouhary

Principal Investigator & Program Director in Perinatal Medicine elgouhe@mcmaster.ca

Dr. Catharine Munn

Assistant Dean, Resident Affairs, **Postgraduate Medical Education** munnc@mcmaster.ca

HAVE Feel free to contact our research team at **QUESTIONS?**

STUDY CONTACTS

Michael G. DeGroote Version 2.1 - February 8, 2023

This study has been reviewed by the Hamilton Integrated Research Ethics Board under Project #13282. This study is funded by the McMaster Postgraduate Medical Education Office (PGME).



Postgraduate

Medical Education