

PG & ME!

March 2023

Accreditation, May 28 – June 2, 2023

[PD/PA Headquarters with accreditation resources](#)

The Royal College and CFPC Accreditation survey is fast-approaching. Thanks to our program directors and program administrators who have all worked tirelessly in preparing the documentation necessary for accreditation, and a special thank you to Brenda Montesanto in the PGME office for her constant support and hard work. Her knowledge of the CanAMS system is invaluable.

While accreditation is an invaluable resource for us to further improve our residency programs and PGME, it also is an opportunity to showcase what we are proud of here at McMaster and most importantly, our residents who have been leaders in so many of our PGME and program initiatives. While the process is time-consuming and can be taxing, in the end, we will be validated for our strengths and receive guidance on how we can improve.

PGME Awards Open for Nominations!

PGME Awards

2023 PARO Resident Teaching Award

Congratulations Dr. Nathalie Carey

PGY7 Pediatric Surgery

Awarded to a resident who provides outstanding clinical teaching experiences to junior staff and clinical clerks

Learning Environment Survey

In June 2022, PGME sent a Learning Environment Survey to all registered residents (965) at McMaster University. The purpose of the survey was to provide McMaster PGME and residency programs information on the learning experience and challenges experienced during residency training.

In January 2023, programs were provided with both their qualitative and quantitative survey results. Depending on the number of respondents, programs either received an individual report or a grouped report for anonymity purposes.

The survey was designed with seven major sections in mind and the results were analyzed by Dr. Ranil Sonnadara (Associate Professor, Surgery, Director, Office of Education Science) and Kestrel McNeill (PhD Student).

Call Room Updates

This year, the McMaster PARO Team worked hard with our hospital teams to evaluate and improve the call room spaces and lounges. Through a rigorous review, over 60 call-rooms at HGH, JH, and MUMC were assessed, and areas for improvement were identified. The McMaster PARO Team, Site Directors, and VPS are working hard to ensure these spaces meet the PARO-CAHO requirements by completing maintenance requests, making capital purchases including computers and equipment, and working closely with HHS



Housekeeping Management. HHS will be piloting on-site posters with QR codes which can be used to flag room issues that can be addressed in real time.

Similarly, SJHH completed thorough reviews of the 28 call rooms dedicated to residents and medical students. SJHH collaborated with telecommunications to improve the sign out process to ensure call rooms are consistently available. Many call

room renovations have been completed which included carpet removal, new furniture including beds and mattresses, and new computer equipment to be Dovetale compatible. SJHH continues to work on call room renovations to specific lounge spaces to ensure the PARO-CAHO requirements are met and trainees feel safe and comfortable in their space.

Healthy Foods

The survey results indicated a lack of healthy food options at various hospital sites and action has been taken to help increase food choices and availability.

A recent addition at the Juravinski hospital includes a food vending machine installed in the café seating area with 24/7 access. This machine is stocked with healthy products from the café such as sandwiches, wraps, salads, and burrito bowls. The operating hours for Nora's Café has also been extended to 6:30am-10:00pm (weekdays) and 7:30am-10:00pm (weekends).



SJHH worked closely with the Director of Food and Nutrition Services to increase healthier food options. The cafeteria has completed renovations, and Tim Hortons is open until 11:30pm. There are also vending machines in the cafeteria with 24/7 access, and an additional food vending machine was added to the main lobby, which includes healthy choices such as sandwiches, salads, and yogurts 24/7.

Looking Ahead

McMaster PGME recognizes that there are many identified areas for improvement, and we will continue to work with hospital leaders, the university, and our residency programs as a partnership to ensure that the data collected from this survey continues to move change forward and implement improvements in the areas identified. PGME stakeholders will be updated on an ongoing basis, as these working groups create action plans. Additional areas of focus include:

- Mistreatment
- Resident Wellness
- Safety
- Teaching & Supervision



The UnWRaP Study

Understanding the Wellbeing of Residents and their Partners

SURVEY VERSION 2.0 RELAUNCH FOR THE MONTH OF FEBRUARY

Please complete this relaunched version of the survey even if you completed the previous survey. Your voice is important!

SCAN QR CODE TO REGISTER

All McMaster residents & fellows are invited to complete the UnWRaP survey!

REGISTER WITH LINK BELOW
<https://tinyurl.com/UnwrapMcMaster>
 OR
<https://surveys.mcmaster.ca/limesurvey/index.php/277399?lang=en>

Michael G. DeGroot
SCHOOL OF MEDICINE
Version 2.2 - February 14, 2023

This study has been reviewed by the Hamilton Integrated Research Ethics Board under Project #13282. This study is funded by the McMaster Postgraduate Medical Education Office (PGME).

McMaster University
Postgraduate Medical Education

01 HELP US HELP YOU

The UnWRaP Research Study will help us to:

- 1 better understand your training experience and the impact of training on your relationships and wellbeing
- 2 discover how we might better support you and/or your partner during training

02 HOW TO PARTICIPATE



After registering, you will receive an email invite for the survey

You will complete a 20-30 minute survey

After submitting, you will receive a partner survey link by email which you can forward to your partner

Your partner will complete a 20-30 minute survey

Everyone will receive a \$10 gift card after completion!

03 CONFIDENTIALITY

- 1 Some questions in this survey are of a personal and sensitive nature.
- 2 Your responses are confidential and will not be linked to your email by anyone, including the research team.
- 3 You and your partner will not have access to each others' responses.

STUDY CONTACTS

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HAVE QUESTIONS? Feel free to contact our research team at UnWRaP@mcmaster.ca

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New PGME Subcommittee

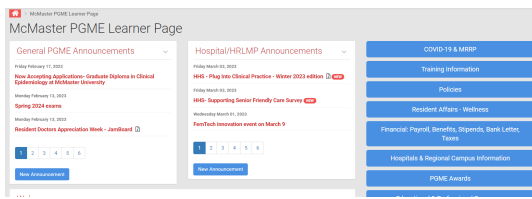
Sustainable Healthcare

McMaster PGEC has added the Sustainable Healthcare (SH) Subcommittee to the team, led by Dr. Myles Sergeant. Dr. Sergeant is a family physician who works in addiction treatment and chronic continuing care. In addition to his clinical work, Dr. Sergeant is the President of Trees for Hamilton, and the co-founder of PEACH Health Ontario. Dr. Sergeant is a McMaster Alumnus as well.

Sustainable Healthcare may be defined as a system which delivers high quality care without damaging the environment, is affordable now and in the future and delivers positive social impact. The role of this subcommittee is to provide SH education curriculum to programs through PGME, and work with internal and external stakeholders to facilitate SH opportunities for McMaster trainees.



Medportal Update



Locker Information

Trainees at HHS, SJHH, and our regional campus hospitals can find locker information on Medportal, under **Hospital & Regional Campus**

Information. New information available in this section of Medportal is breastfeeding/lactation room information for our HHS and SJHH sites.

Medportal is full of information that all trainees can benefit from, so please ensure you check in regularly!

A promotional banner for the McMaster Collaborative for Health & Aging Trainee Engagement Fund. The banner features the McMaster University logo and the Collaborative for Health & Aging logo. The text reads: 'McMaster Collaborative for Health and Aging Trainee Engagement Fund', 'Deadline: April 14, 2023', and 'APPLY NOW! collaborative-aging.mcmaster.ca'. To the right of the text is a photograph of four people (three women and one man) in a professional setting, looking at a laptop screen.

~PGME Welcomes~

Sarah Richardson

PGME is happy to announce Sarah Richardson has joined the team as a Residency Program Administrator.

Sarah is a graduate of McMaster University and was the Program Assistant for Critical Care Medicine for 15 years.

The Postgrad office is thrilled to have Sarah join the team!



PGME Mission Statement

Postgraduate Medical Education at the Michael G. DeGroote School of Medicine strives to empower medical Learners by providing a

safe, inclusive training environment rooted in values of lifelong learning, patient centeredness, and social responsibility. Leveraging our expertise in evidence-based teaching and practice, within a distributed education model, our mission is to equip the next generation of physicians with the knowledge and skills they need to serve our communities and advance health and health systems in Canada and beyond.

Looking for a PGME Policy?

NRC News

WRC News



Postgraduate
Medical Education



McMaster PGME

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